## **JANUARY 2024**

Choice of milk served daily. All grains offered are whole grain-rich.

Lakeside Union School District

0	Monday	Tuesday	Wednesday	Thursday	Friday
	Winter Break	Winter Break	Winter Break	Winter Break	Winter Break
	Cereal Bar Cereal Fresh Apple Cranberry Raspberry Juice Choice of Milk	Maple Waffle Envy Syrup Fresh Apple Fruit Punch Juice Choice of Milk	Chocolate Chip Muffin Fresh Pear Orange Tangerine Juice Choice of Milk	Cinnamon Crunch Bar Fresh Banana Apple Juice Choice of Milk	Chocolate Chip Muffin Orange Wedges & Tajin Cranberry Raspberry Juice Choice of Milk
	Dr. Martin Luther King Jr. Day	Confetti Pancake Syrup Fresh Apple Slices Orange Tangerine Juice Choice of Milk	Double Chocolate Muffin Fresh Pear Apple & Eve Apple Juice Choice of Milk	Berry French Toast Syrup Fresh Banana Cranberry Raspberry Juice Choice of Milk	Mini Breakfast Cluster Orange Wedges & Tajin Fruit Punch Juice Choice of Milk
	Pop Tart Cereal Fresh Apple Fruit Punch Juice Choice of Milk	Mini Cinnamon Rolls Fresh Pear Orange Tangerine Juice Choice of Milk	Chocolate Chip Muffin Fresh Apple Slices Apple Juice Choice of Milk	Mini French Toast Syrup Fresh Banana Cranberry Raspberry Juice Choice of Milk	Pan Dulce Orange Wedges & Tajin Fruit Punch Juice Choice of Milk
	Nutri-Grain Bar Cereal Fresh Apple Slices Orange Tangerine Juice Choice of Milk	Apple Frudel Stick Fresh Apple Apple Juice Choice of Milk	Cinnamon Roll Fresh Pear Cranberry Raspberry Juice Choice of Milk		

